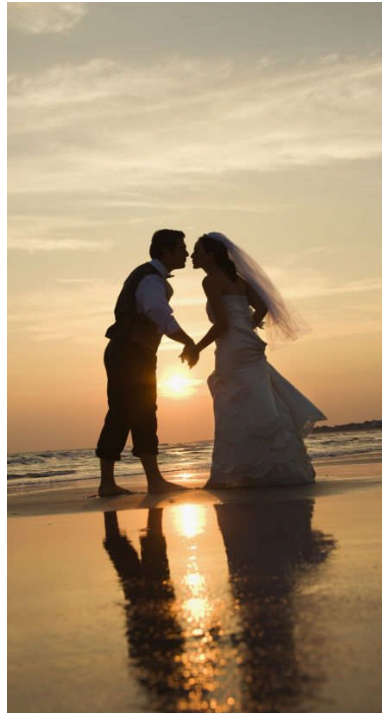


# Relationship Systems Coaching



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- 🚧 **Building trust**
- 🚧 **Deepening communication**
- 🚧 **Increasing positivity in connection**
- 🚧 **Developing Emotional Intelligence**
- 🚧 **Dreaming becoming reality**

**Relationship Systems Coaching** releases the amazing potential within personal and organisation relationships. It is a new discipline, founded on the most recent scientific research and on accredited international coaching methods.

**What is Relationship Systems Coaching?** Relationship Coaching moves beyond individuals and works directly with their relationship. The relationship is coached as a system which includes all of the individuals, all of the interactions, and all of the intentions and emotions involved. This systemic approach to relationship coaching takes into account everything that may be having an influence in the relationship.

Developers of **Relationship Systems Coaching**, The Center for Right Relationship (CRR), integrated systems theory, together with the latest research, several fields of relationships expertise, and their extensive coaching experience, to create a new practical, comprehensive coaching method. This coaching method, **Organization and Relationship Systems Coaching (ORSC)**, works directly with relationships as the 'system', or the 3<sup>rd</sup> Entity™, rather than with each of the individuals.

**ORSC** delivers the possibility of systemic change for all personal and professional relationships, including couples, families, partnerships, teams and whole organizations.

**How does ORSC work?** This unique field of coaching requires a highly specialised set of skills. **ORSC** delivers profound results through focusing on:

- ✚ Emotions as the currency of relationships
- ✚ Unfolding (surfacing and clarifying) emotional processes
- ✚ Recognizing and dealing with toxic emotions
- ✚ Identifying and dealing with conflicts
- ✚ Inviting and working with every voice in the relationship or system
- ✚ Clarifying how people communicate (signals at all levels)
- ✚ Understanding why people stop communicating
- ✚ Exploring types and function of roles both explicit and archetypical
- ✚ The impact of culture and other forms of diversity
- ✚ Different levels of 'reality' in which relationships exist
- ✚ Shifting focus from the parts (individuals) to the whole relationship system (couple, family, siblings, parent/child)

... and so much more!

**To find out how** Organisation and Relationship Systems Coaching can facilitate the natural systemic evolution and generative growth, within your personal or professional relationships. Your professionally certified **ORSCC** specialist coach is:

**Chris Howell, BSC Hons, MSc, CPCC, ORSCC** A Certificated Professional in both Co-Active Life Coaching (CPCC) and Organisation and Relationship Systems Coaching (ORSCC).

Registered with the International Coaching Federation (ICF).

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